

The Northumberland Park Partnership Board Resident Funding Programmes: Annex 4: Well London Community Engagement Feedback

Funded via the Transformation Challenge Award (DCLG) & Well Communities



Department for
Communities and
Local Government

Annex 4: Well London Community Engagement Feedback



Well London Haringey

Feedback of the community engagement process in Love Lane, Northumberland Park and Park Lane Estates, Stellar House and The Lindales

Commissioned by Haringey Council, the Well London Community Engagement, Assessment and Design Team at the University of East London undertook a community engagement exercise. This aimed to better understand residents' views on how to improve health and well-being locally, and to inform the design of the local Well London programme.

The process involved door-to-door conversations and an informal survey with residents, Community Cafés, where residents worked together to identify local needs and issues, and Community Action Workshops to feedback these needs and to get residents and other local stakeholders working together to set out and start



planning the local Well London programme. The exercise took place between March and June 2015, with over 135 residents completing the doorstep survey and over 90 attending the Community Cafés.

A number of key themes came out of the community engagement exercise: bring the community together; engage and support young people; improve communication to let people know what opportunities are available; improve the environment and community safety; increase access to affordable healthy diets and healthy physical activity, and improve mental well-being; create pathways to employment and increase skill sharing, training and volunteering.

Principles that residents thought should run through all of Well London Haringey's work were also identified: engage, listen and value; enable, support and encourage; empower; bring people together/ involve; communicate/ be transparent; have fun; work smart; sustain.

The findings of this community engagement exercise have been brought together to generate themes and project ideas to guide the Well London Haringey programme, summarised below. **Mental health and well-being** featured strongly in residents' identified priorities, and has provided a focus for some early initiatives, including commissioning of Mental Health First Aid training for Haringey Well London volunteers.

Related to both mental and physical health, the Northumberland Park Estate and Stellar House and The Lindales area Community Action Workshop also prioritised a need for **food growing projects**, and commissioned services will address this identified local need.

Co-ordination and communications

- Employ a dedicated Well London co-ordinator to have a constant presence in the programme
- Create a Well London Haringey community newsletter and website
- Ensure ongoing community engagement
- Support the community to map existing assets, resources and opportunities

Addressing barriers to participation

- Tackle barriers to participation, including lack of childcare facilities, language and cultural barriers, lack of appropriate spaces and computer literacy
- Support development of projects to share cultural experiences and celebrate community diversity

Volunteering, skills sharing, training and pathways to employment

- Further develop and support Haringey Well London volunteers including training in health awareness, healthy eating, physical activity, English for speakers of other languages and mental health and well-being
- Promote local opportunities for volunteering
- Consider organising jobs and volunteering fairs
- Explore time-banking opportunities for local residents
- Develop a plan for skills sharing including exploring the possibility of a “Men’s Shed”
- Develop a plan to support local people to set up their own enterprises
- Work with the Regeneration Team to investigate the possibility of apprenticeships for young people

Young people

- Support a programme to engage with young people
- Identify Young Ambassadors from local residents to act as Haringey Well London volunteers
- Investigate the possibility of more after-school and holiday clubs and opportunities for safe and accessible areas for children and young people

Mental well-being

- Support mapping of existing mental health programmes and initiatives
- Provide Mental Health First Aid training for Haringey Well London volunteers to equip them to identify, understand and help people in the local community who may be developing a mental health issue
- Raise awareness, and promote use, of existing mental well-being facilities and opportunities, including Thinking Space
- Promote opportunities for community peer support for mental health and well-being
- Encourage opportunities for respite from the stresses of everyday life through use of other Well London themes eg, healthy spaces, healthy eating and physical activity

Healthy spaces

- Support community clear-up days to improve the local environment
- Support the community in identifying ways to maximise use of community spaces, including empty or underused spaces
- Explore opportunities for improved liaison between communities and police

Healthy eating and physical activity

- Commission projects to enable residents to grow their own food
- Investigate opportunities to improve access to affordable, fresh and healthy foods locally and to learn how to cook healthily
- Encourage and support residents to engage with local initiatives on increasing walking
- Support engagement with local fast food outlets to provide healthier options